



KYBELLA®

PRE + POST CARE

PRE-TREATMENT CARE:

- You may not be treated if you are pregnant or nursing, have difficulty swallowing nerve injury or weakness in the lower face, or an infection in the area. Inform your medical provider if you are on blood thinners, or have had procedures or surgery on your lower face or neck.
- Avoid blood thinners and NSAIDs for 2 weeks before the procedure to minimize the risk of bruising UNLESS you have been instructed to take any of these medications by your PCP.
- Tylenol will not cause bruising and is preferred for the week prior to treatment
- Plan your procedure so that you can have 4 full days before returning to work or important social engagements as you will likely have swelling, redness, and potential bruising where you were injected.
- Have an antihistamine such as Claritin or Zyrtec available at home for discomfort and itching that may result from the procedure. This will also reduce swelling.

POST-TREATMENT CARE:

- After your treatment, you should expect swelling and redness. You may also experience bruising, pain, numbness, and induration. This will normally last less than 5 days, but for some patients may last 14 days or longer.
- You may elect to ice the area post treatment. You may apply a cold compress to the area for 20 minutes per hour, and you may do this hourly for 24 hours following your injections.
- Do not participate in strenuous activity for 2 days following treatment.
- Sleep with your head elevated on at least 2 pillows the night following your injections. Do not scratch, pick or traumatize the area in any way.
- Do not massage or manipulate the injection site.
- You may apply your normal skin care regimen and sunscreen normally following your injections.