



SKINVIVE®

PRE + POST CARE

PRE-TREATMENT CARE:

- Wash the vaginal/vulvar area the morning of treatment.
- The procedure will last approximately 45-90 minutes. You may wish to bring your cellular phone, a book, or a magazine with you for the procedure.
- Avoid taking ibuprofen, aspirin, and steroids for 2 weeks prior to your treatment.
- Let your provider know if you have a history of genital herpes. We will likely prescribe an antiviral prior to your Viveve appointment to prevent an outbreak post-treatment.

POST-TREATMENT CARE:

- Ask questions. Be sure to have all your concerns addressed before you leave.
- Schedule your follow-up visit(s) as recommended by the treating provider.
- Douching can upset the natural balance of the vaginal environment and should be avoided.
- Most patients resume normal activity immediately after the procedure.
- Avoid taking ibuprofen, aspirin, and steroids for 2 weeks after your treatment.