



BBL® FOREVER YOUNG PHOTOFACIAL + BBL® FOREVER CLEAR ACNE PHOTOFACIAL

PRE + POST CARE

PRE-TREATMENT CARE:

- Avoid sun exposure 3 weeks prior to treatment and use SPF 30 daily to ensure coverage against UVB and UVA rays.
- Do not use self-tanning products 3 weeks prior to AND for 3 weeks following your treatment.
- Discontinue use of Tretinoin-type products (Renova, Tretinoin, Retin A, Retin A Micro, Tri-Luma, Solage, etc.) at least 3 days prior to treatment.
- Discontinue use of Hydroquinone at least 3 days prior to treatment.
- If you have a history of cold sores, begin prophylactic treatment with Valtrex or another anti-viral medication no later than 2 days prior to your BBL treatment.
- Notify Amélie if you develop a cold sore, acne, open lesions in the area being treated, or experience any type of illness prior to your treatment.
- Avoid, if possible, Ibuprofen and non-steroidal anti-inflammatories for at least 3 days prior to your treatment.
- Longevity of neuromodulators and fillers are done any time within 6 months prior to BBL face treatment may be affected. Neuromodulators and/or fillers within 2 weeks prior to BBL is not recommended.

POST-TREATMENT CARE:

- Avoid all direct sun and heat exposure. This includes simple day-to-day tasks such as cooking over a hot stove, sitting next to a bonfire or fireplace, hot baths and hot tubs, walking or hiking, etc.
- You may experience a sunburned sensation immediately following treatment. Some light swelling is possible and typically resolves within 1 day.
- The darkening of freckles and other areas is expected. If this occurs, do not pick or exfoliate the areas. They will flake off or lighten on their own over the next week if on the face and over the next several weeks if on the body.
- If you experience a burn, gently cleanse the area and use hydrocortisone cream on the area several times a day for the next week. If the mark opens, also use antibiotic ointment over the hydrocortisone cream. Please notify our office immediately of any burns.
- Use SPF 30 or higher daily on the treated area if exposed.
- You may resume your normal skin care regimen 3 days following treatment.
- Make-up may be applied the day after your treatment.