Amélie
Specialized Aesthetics

BOTOX®+ DYSPORT®+ DAXXIFY®

PRE + POST CARE

PRE-TREATMENT CARE:

PLAN AROUND EVENTS

Results take up to 14 days to fully develop, and bruising is possible. If you have an important event coming up, we recommend scheduling at least 2–4 weeks beforehand.

PLEASE LET US KNOW IF YOU

- Are pregnant, trying to conceive, or breastfeeding
- Have a neuromuscular condition (such as myasthenia gravis)
- Are feeling sick or have an active skin infection
- Have started any new medications, including antibiotics

MINIMIZE BRUISING

If medically appropriate, avoid the following for 7–14 days before treatment:

- Aspirin, ibuprofen (Advil, Motrin), and naproxen (Aleve)
- Fish oil, vitamin E, ginkgo, and St. John's wort

Please also avoid alcohol for 24 hours before your visit.

Important: Do not stop any medication prescribed by your provider without talking with them first.

POST-TREATMENT CARE:

- For the first 4-6 hours following Botox®/Dysport®/Xeomin®/Daxxify®, remain upright and periodically perform facial movements in the areas of injections in order to work the wrinkle relaxer into the muscle - e.g., smile, squint, etc.
- Do not participate in activities that include heavy lifting, vigorous exercise or straining for 4-6 hours (it takes approximately 4 hours for the wrinkle relaxer to bind to the nerve and you do not want to increase circulation during that time).
- Do not rub, touch, or manipulate the areas you were injected for 4-6 hours.
- Avoid irritating products for 24 hours following your injections (retinol, Vitamin C, etc.)
- Make-up may be gently applied before leaving the office, remember to wipe up and away from your eyes or brows.
- Bruising in the area injected is normal and often expected, especially if treated around the eyes. Bruising can last up to several weeks. Using/taking Arnica before and after injections may help diminish bruising.
- It may take up to 14 days for your wrinkle relaxer to take full effect.
- A follow-up visit at 14-21 days is suggested to assess results for subsequent treatments, particularly if you are a first-time client.
- Re-treatment is typically needed between 3-4 months.
- Regular injections usually yield a longer-lasting result.
- Upper lip treatment (lip flip): drinking through a straw, whistling, and pronouncing some words may feel different for up to 12 weeks.